

South Okanagan Skating Club

Changeroom Rules

2021 – 2022 Season

1. The use of cell phones and other mobile devices with recording capabilities is prohibited from changing rooms
 - If it is required to use one – exit dressing room (phone calls, FaceTime or other video calls, recording of any sort, etc.)
2. Time management is the responsibility of the skater
 - Running late may lead to but is not limited to:
 - i. Hockey lines and/or intensive stroking exercises
 - ii. Loss of lesson (billing still incurred)
 - iii. Cranky coaches
3. No inappropriate talk or gossip in dressing rooms or on the ice
4. Drug and/or alcohol use on or near club property/time will lead to the immediate termination from the club (billing still incurred)
5. No unauthorized personnel permitted inside the dressing room at any given time (this includes friends, family, parents, etc.)
6. Handling belongings that are not your own is prohibited
 - The club is not responsible for any belongings that may be damaged or missing
7. Change room door remains closed at all times
8. First person to enter and/or exit the dressing room is responsible for the dressing room key
9. The changeroom is to be tidy at all times
 - No items on or near heaters
 - Wrappers, spills, clothing, etc. should be picked up
10. Be kind and respectful to all peers

Neglect to follow all listed above rules can lead to the loss of amenity use and in extreme cases termination from the club. Remember the changeroom is a luxury, not a necessity, do not take it for granted.